

## WHAT IS BUDDY BAGS

Buddy Bags is a collaborative project between Tri-County Opportunities Council, the Princeton Elementary School Districts, the Malden School District, Saint Louis School, the Princeton Christian Academy and other area churches, organizations, and individuals. We are a not-for-profit ecumenical organization working to address childhood hunger. We work to provide area children with snack packs on days when school is not in session. We typically try to provide two breakfasts, two lunches, snacks, and drinks. The children we are helping to serve are those whose primary source of nutrition is the free meal programs at school. It is our hope that the snack packs can provide nutrition to help the youth's growing development and ease the burden placed on parents.

We ask each participant to bring one food item from the list to help us restock our shelves.



# 1<sup>st</sup> Annual Princeton Buddy Bags Car Cruise

Sunday, May 4, 2014  
Princeton High School  
North parking lot

Registration begins  
At 8:00 am  
Cost \$5.00  
and one food item per car.

Dash plaque for first 50 cars.  
50/50 raffle



**Needed Food Items**  
Must individual servings and  
Prepackaged  
**Canned meats, soups, and pasta (with  
pop tops):**

Microwave Soups (including Ramen  
Noodles and Ramen Cups, etc.)  
Pasta Cups (including Microwavable  
Mac N' Cheese, Chef Boyardee,  
Spaghetti, Ravioli, etc.)  
Vienna Sausages, Beanie Weenies,  
and Baked Beans  
Chicken and Tuna Salad Kits,  
individually sealed with crackers

### **Fruits and juices:**

Cups of applesauce, Fruit cups, 100%  
juice boxes (not pouches), etc.

### **Breakfast items:**

Small boxed cereal, Breakfast bars  
and/or Pop Tarts, Milk boxes  
(shelf stable), etc.

### **Snacks (individual sized):**

Raisins, Pudding or Jell-O cups, Pretzels  
and/or potato chips, Cheese crackers,  
Animal crackers, packaged cookies, etc



Further information contact 815 878-9567

or 878-1861